SMART pilates

improve posture, balance and body awareness

Festive Season SMART Guide

Thursday 24 December to Saturday 9 January

Thank you for a wonderful year together. Wishing you a safe, happy and restful festive season, and we cannot wait to see you back in the new year!

WE'RE CLOSED

From 10am Thursday 24 December.
Reopening Monday 4 January.

MEMBERSHIPS PAUSED

24 Dec to 4 Jan
In line with your renewal (one week).
Nothing for you to do, we have it covered.

BACK TO NORMAL

Our regular timetable resumes
Saturday 9 January.

A little favour...

Heading away? Please cancel out of your classes early. It opens your spot for someone else and genuinely helps us plan instructor hours and leave over the break. Thank you, it makes a real difference.

Holiday Timetable · Monday 4 to Friday 8 January

MONDAY 4 JAN	
7:00am	**Reformer**
8:00am	**Reformer**
9:00am	**Reformer**
9:00am	**Strength**
10:00am	**Reformer**
10:00am	**Strength**

TUESDAY 5 JAN	
7:00am	**Reformer**
8:00am	**Reformer**
9:00am	**Matwork**
10:00am	**Reformer**

WEDNESDAY 6 JAN

Classes added if needed, watch this space

THURSDAY 7 JAN	
7:00am	**Reformer**
8:00am	**Reformer**
9:00am	**Strength**
10:00am	**Reformer**

FRIDAY 8 JAN	
7:00am	**Reformer**
8:00am	**Reformer**
9:00am	**Strength**
10:00am	**Reformer**

Please book and pay online as usual via Momence.
Your memberships and class packs are valid for these sessions. If classes fill up, we will happily add more.

From all of us at SMART Pilates, see you in the new year!